**COMMUNITY-BASED HEALTH CARE – CAT**

**Topics 1–4 | Time: 1 Hour | Marks: 30**  
**Instructions:**

* Answer all questions.
* Be precise and support your answers with examples where possible.

**SECTION A: MULTIPLE CHOICE (5 Marks)**

*Choose the most appropriate answer. Each question is worth 1 mark.*

1. Which of the following best defines CBHC?  
   A. Treatment of diseases at hospitals  
   B. Providing primary health services with community involvement  
   C. Emergency medical care for disaster victims  
   D. Referral services by health specialists
2. A key principle of community participation is:  
   A. Individual independence  
   B. Expert-only decision making  
   C. Top-down planning  
   D. Shared planning and decision making
3. The “3Ls” used in community entry refer to:  
   A. Live, Learn, Link  
   B. Look, Listen, Learn  
   C. Love, Lead, Learn  
   D. List, Log, Locate
4. Community assessment helps health workers to:  
   A. Distribute drugs  
   B. Diagnose individuals  
   C. Identify priority community health needs  
   D. Recruit traditional healers
5. A barrier to effective community mobilization is:  
   A. Good leadership  
   B. High community interest  
   C. Poor communication  
   D. Available funding

**SECTION B: SHORT ANSWER QUESTIONS (10 Marks)**

*Answer all questions briefly and clearly. Each carries 2 marks.*

1. Explain any two **objectives of Community-Based Health Care**.
2. Identify two **factors to consider when entering a community**.
3. State two **reasons why community diagnosis is important**.
4. Mention any two **methods of community mobilization**.
5. Explain two **roles of community members in health care participation**.

**SECTION C: STRUCTURED QUESTIONS (15 Marks)**

*Answer all questions in this section clearly and concisely.*

1. **(5 marks)**  
   a) Describe any three **steps involved in conducting a community assessment**. *(3 marks)*  
   b) Differentiate between **community assessment** and **community diagnosis**. *(2 marks)*
2. **(5 marks)**  
   a) Outline three **principles that guide effective home visiting**. *(3 marks)*  
   b) Identify two **tools used in home visiting and their functions**. *(2 marks)*
3. **(5 marks)**  
   a) Discuss any three **factors that promote community participation**. *(3 marks)*  
   b) List two **problems faced during community mobilization** and suggest solutions for each. *(2 marks)*

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